



TOGETHER WE CAN CREATE A WORLD WHERE PERIODS ARE NEVER A PROBLEM.

Days For Girls International is an award-winning NGO that works to shatter stigma and limitations associated with menstruation for improved health, education, and livelihoods. Since 2008, we have reached over 2 million women and girls in 144 countries with menstrual health solutions and education, trained 200 enterprise leaders, and mobilized over 1,000 volunteer chapters, teams, and clubs.



DfG PADS

DfG pads are a sustainable, beautiful, washable solution to managing menstruation. Our pads are always delivered with vital health education.



HEALTH EDUCATION

Our training is designed to help advocates deliver menstrual health education in the field, including a version for boys and men.



SOCIAL ENTERPRISE

We help local leaders establish sustainable businesses that produce and sell menstrual products and provide health education.



POLICY & ADVOCACY

DfG partners with governments, coalitions, and other development stakeholders to advance global menstrual equity.

"We are making washable menstrual kits that help keep girls in school and give them hope for breaking the cycle of early marriage and childbirth. An educated girl can break the cycle of poverty and empower her to follow her dreams."

– DfG KENYA ENTERPRISE LEADER, ALICE WAMBUI MWANGI