

# MENSTRUAL HEALTH REPORT CARD

Virginia

Overall Grade State Ranking

**B-** **#17**

**Period poverty** is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.<sup>1</sup> When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	<b>A</b>	Virginia removed the tax on menstrual products in 2023. <sup>2</sup>
Menstrual Products in Schools	<b>B</b>	Virginia requires, but does not fund, the provision of menstrual products at no cost to students in public elementary, middle, and high schools. <sup>3</sup>
Menstrual Products in Incarceration Facilities	<b>B</b>	Menstrual products are provided at no cost to incarcerated individuals, but only by request. <sup>4</sup>
Menstrual Products in Public Buildings	<b>F</b>	Virginia does not require the provision of menstrual products in public buildings.
Good Samaritan Menstrual Product Donations	<b>F</b>	Virginia does not have a Good Samaritan Menstrual Product Donation law.

## Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Require state-owned public buildings to provide menstrual products at no cost in restrooms.
3. Create a grant program to assist in funding menstrual products for low-income schools.

### References

- 1 Alliance for Period Supplies & U by Kotex, 2021
- 2 Virginia HB90S, 2022
- 3 Virginia HB405, 2022
- 4 6VAC15-40-770, 2019

