# MENSTRUAL HEALTH REPORT CARD

## *Vermont*

| *Overall Grade* | *State Ranking* |
|---|---|
| C- | #29 |

**Period poverty** is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

| SUBJECT | GRADE | CURRENT POLICY |
|---|---|---|
| *Menstrual Product Taxation* | **A** | Vermont removed the tax on menstrual products in 2021.[2] |
| *Menstrual Products in Schools* | **B** | Vermont requires, but does not fund, the provision of menstrual products in schools.[3] |
| *Menstrual Products in Incarceration Facilities* | **F** | Vermont does not have a state law mandating the provision of menstrual products in incarceration facilities. |
| *Menstrual Products in Public Buildings* | **F** | Vermont does not require the provision of menstrual products in public buildings. |
| *Good Samaritan Menstrual Product Donations* | **F** | Vermont has no Good Samaritan menstrual product donation law. |

## *Recommendations*

1. Create a grant program to assist in funding menstrual products for low-income schools.
2. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
3. Require menstrual products to be provided at no cost to indigent inmates in state incarceration facilities.


*References*

1 Alliance for Period Supplies & U by Kotex, 2021
2 Vermont H.436, 2021
3 Vermont S.115, 2021


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