MENSTRUAL HEALTH REPORT CARD

Utah

Overall Grade	*State Ranking*
B	#13

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**F**	Utah repealed its menstrual product taxation exemption in 2020.[2]
Menstrual Products in Schools	**B**	Utah requires, but does not fund, the provision of menstrual products at no cost in each female and unisex restroom within public and charter elementary, middle, junior, and high schools.[3]
Menstrual Products in Incarceration Facilities	**B**	While the Utah Correctional Facilities Handbook advises the provision of readily available and unlimited menstrual products at no cost, this policy has not been codified into state law.[4]
Menstrual Products in Public Buildings	**A**	Utah's governor's administration has implemented a directive to provide menstrual products in state-owned buildings.[5]
Good Samaritan Menstrual Product Donations	**F**	Utah has no Good Samaritan menstrual product donation law.

Recommendations

1. Exempt menstrual products from the state sales tax.
2. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
3. Codify the provision of menstrual products in incarceration facilities and state-owned public buildings into law.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Utah HB0185, 2020
3 Utah HB0162, 2022
4 Utah Correctional Facilities Handbook, 2025
5 The Salt Lake Tribune, "Period products are now freely available in state buildings", 2023

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