MENSTRUAL HEALTH REPORT CARD

Texas

Overall Grade	*State Ranking*
C	#27

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**A**	Texas removed the tax on menstrual products in 2023.[2]
Menstrual Products in Schools	**F**	Texas neither requires nor funds the provision of menstrual products in public schools.
Menstrual Products in Incarceration Facilities	**C**	Up to 10 menstrual products per day must be provided at no cost only upon request.[3]
Menstrual Products in Public Buildings	**F**	Texas does not require the provision of menstrual products in public buildings.
Good Samaritan Menstrual Product Donations	**A**	Texas does have a Good Samaritan menstrual product donation law protecting menstrual product donations made in good faith from civil & criminal liability.[4]

Recommendations

1. Require the provision of menstrual products in public schools at no cost.
2. Create a grant program to assist in funding menstrual products for low-income schools.
3. Make menstrual products available in incarceration facilities without requiring individuals to request them.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Texas SB 379, 2023
3 Tex. Govt. Code § 501.0675, 2019
4 Texas HB 1953, 2021

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