MENSTRUAL HEALTH REPORT CARD

Oklahoma

Overall Grade	*State Ranking*
D	#42

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**F**	Oklahoma taxes menstrual products at 4.5%.
Menstrual Products in Schools	**F**	Oklahoma neither requires nor funds the provision of menstrual products in schools. There is a currently pending bill to require the provision of menstrual products at no cost in public schools.[2]
Menstrual Products in Incarceration Facilities	**B**	While the Oklahoma Corrections Policy Statement includes a provision for a minimum of menstrual products provided at no cost as necessary, menstrual product access in incarceration facilities is not protected by state law.[3]
Menstrual Products in Public Buildings	**F**	Oklahoma does not require the provision of menstrual products in public buildings.
Good Samaritan Menstrual Product Donation Laws	**F**	Oklahoma does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Codify the provision of menstrual products in incarceration facilities into law.
3. Exempt menstrual products from the state sales tax.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Oklahoma SB219, 2025
3 OP-030501, 2024

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