MENSTRUAL HEALTH REPORT CARD

Ohio

Overall Grade	*State Ranking*
B	#9

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**A**	Ohio removed the tax on menstrual products in 2019.[2]
Menstrual Products in Schools	**A**	Ohio requires the provision of menstrual products at no cost for grades 6-12 at public and charter schools with a supporting reimbursement program of $5 million each school year.[3]
Menstrual Products in Incarceration Facilities	**A**	Ohio requires consistent and reliable access to menstrual products at no cost to inmates in county and state correctional facilities.[4]
Menstrual Products in Public Buildings	**F**	Ohio does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donations	**F**	Ohio does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Codify the provision of menstrual products in incarceration facilities into law.
2. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
3. Expand the menstrual product requirement for schools to include schools serving grades 4 & 5.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Ohio HB545, 2019
3 Ohio HB33, 2024
4 Ohio HB29, 2025

DAYS for GIRLS INTERNATIONAL

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