MENSTRUAL HEALTH REPORT CARD

North Dakota

Overall Grade	*State Ranking*
F	#46

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**F**	North Dakota taxes menstrual products at 5%.
Menstrual Products in Schools	**F**	North Dakota neither requires nor funds the distribution of period products in both public and charter schools.
Menstrual Products in Incarceration Facilities	**D**	North Dakota does not protect the provision of menstrual products in incarceration facilities under state law, though it is mandated to be provided upon entry by the state's Correctional Facilities Standards.[2]
Menstrual Products in Public Buildings	**F**	North Dakota does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donation Laws	**F**	North Dakota does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Codify the provision of menstrual products in incarceration facilities into law.
3. Exempt menstrual products from the state sales tax.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 North Dakota Century Code § 12-44.1-24, Standard 68

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