

# MENSTRUAL HEALTH REPORT CARD

New Mexico

Overall Grade State Ranking

**B-** **#16**

**Period poverty** is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.<sup>1</sup> When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	<b>A</b>	New Mexico removed the tax on menstrual products in 2022. <sup>2</sup>
Menstrual Products in Schools	<b>A</b>	New Mexico both requires and funds menstrual products in all public middle and high school women's and gender-neutral bathrooms, and at least one men's bathroom; and at least one women's bathroom, one men's bathroom, and one gender-neutral bathroom in every public elementary school. <sup>3</sup>
Menstrual Products in Incarceration Facilities	<b>C</b>	New Mexico does not require the provision of menstrual products in incarceration facilities by state law, although state policy requires the provision of products as needed. <sup>4</sup>
Menstrual Products in Public Buildings	<b>F</b>	New Mexico does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donations	<b>F</b>	New Mexico does not have a Good Samaritan menstrual product donation law.

## Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Codify the Department of Corrections policy for the provision of menstrual products in prisons into law.
3. Require state-owned public buildings to offer menstrual products at no cost in restrooms.

### References

- 1 Alliance for Period Supplies & U by Kotex, 2021
- 2 New Mexico HB0163, 2022
- 3 New Mexico HB0134, 2023
- 4 New Mexico Corrections Department Policy CD-150200, 2025

