

MENSTRUAL HEALTH REPORT CARD

New Jersey

Overall Grade

B

State Ranking

#12

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.¹ When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	A	New Jersey removed the tax on menstrual products in 2005. ²
Menstrual Products in Schools	A	New Jersey requires and funds the provision of menstrual products at no cost in at least 50% of female and gender-neutral bathrooms for grades 6-12. ³
Menstrual Products in Incarceration Facilities	B	Menstrual products in incarceration facilities are available, but only upon request by inmates. ⁴
Menstrual Products in Public Buildings	F	New Jersey does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donations	F	New Jersey does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Expand requirement for period product provisions to include schools serving grades 4 and 5.
3. Make menstrual products available in incarceration facilities without requiring individuals to request them.

References

- 1 Alliance for Period Supplies & U by Kotex, 2021
- 2 New Jersey Division of Taxation, TB-63(R), 2010
- 3 New Jersey SB1500, 2022
- 4 NJ Rev. Stat. § 30:1B-6.8, 2018

