

MENSTRUAL HEALTH REPORT CARD

Nebraska

Overall Grade **C** State Ranking **#25**

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.¹ When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	A	Nebraska removed the tax on menstrual products in 2022. ²
Menstrual Products in Schools	D	A pilot grant program is underway for the provision of menstrual products in schools, but the provision of products is not required. ³
Menstrual Products in Incarceration Facilities	B	Menstrual products must be provided at no cost to inmates, but only upon request. ⁴
Menstrual Products in Public Buildings	F	Nebraska does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donations	F	Nebraska does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Require the provision of menstrual products in public schools.
3. Make menstrual products available in incarceration facilities without requiring individuals to request them.

References

- 1 Alliance for Period Supplies & U by Kotex, 2021
- 2 Nebraska LB984, 2022
- 3 Nebraska LB1284, 2024
- 4 Nebraska Rev. Stat. § 47-1008, 2022

