

MENSTRUAL HEALTH REPORT CARD

Missouri

Overall Grade

B-

State Ranking

#19

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.¹ When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	A	Missouri removed the tax on menstrual products in 2025. ²
Menstrual Products in Schools	C	Missouri funds but does not require the provision of menstrual products in schools. ³
Menstrual Products in Incarceration Facilities	A	Missouri requires that an appropriate quantity of menstrual products must be made available at no cost to female inmates ⁴
Menstrual Products in Public Buildings	F	Missouri does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donations	F	Missouri does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Require the provision of menstrual products in public schools.
3. Require state-owned public buildings to offer menstrual products at no cost in restrooms.

References

¹ Alliance for Period Supplies & U by Kotex, 2021

² Missouri HB594, 2025

³ Missouri HB3002, 2022

⁴ Missouri SB53, 2021

