

MENSTRUAL HEALTH REPORT CARD

Maryland

Overall Grade

A

State Ranking

#2

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.¹ When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	A	Maryland removed the tax on menstrual products in 2018. ²
Menstrual Products in Schools	A	Maryland requires menstrual product dispensers at no cost in all public schools and funds their installation and maintenance via state reimbursements. ³
Menstrual Products in Incarceration Facilities	A	Maryland correctional facilities must have a policy to provide menstrual products at no charge upon admission, routinely, and upon request. ⁴
Menstrual Products in Public Buildings	B	In addition to public schools, Maryland requires institutes of higher education with on-campus housing to provide menstrual products at no cost. No other public buildings are required to provide products. ⁵
Good Samaritan Menstrual Product Donations	F	Maryland does not have a Good Samaritan Menstrual Product Donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Require state-owned public buildings to provide menstrual products.

References

- 1 Alliance for Period Supplies & U by Kotex, 2021
- 2 Maryland SB0081, 2018
- 3 Maryland HB0205, 2021
- 4 Maryland Code, Correctional Services, § 9-616
- 5 Maryland HB457, 2026

