MENSTRUAL HEALTH REPORT CARD

Maine

Overall Grade	*State Ranking*
C+	#20

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**A**	Maine removed the tax on menstrual products in 2021.[2]
Menstrual Products in Schools	**F**	Maine neither requires nor funds the provision of menstrual products in schools.
Menstrual Products in Incarceration Facilities	**A**	Maine mandates comprehensive access to menstrual products at no cost for incarcerated individuals.[3]
Menstrual Products in Public Buildings	**F**	Maine does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donation Laws	**A**	Maine has a Good Samaritan law to protect menstrual product donations made in good faith from civil and criminal liability.[4]

Recommendations

1. Require the provision of menstrual products in schools.
2. Implement a grant program to fund the provision of menstrual products in low-income schools.
3. Require the provision of menstrual products in state-owned buildings such as homeless shelters.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Maine HP986, 2021
3 Maine HP457, 2019
4 MRS Title 14, §173

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