MENSTRUAL HEALTH REPORT CARD

Iowa

Overall Grade	*State Ranking*
D	#37

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**A**	Iowa removed the tax on menstrual products in 2022.[2]
Menstrual Products in Schools	**F**	Iowa neither requires nor funds the provision of menstrual products in schools.
Menstrual Products in Incarceration Facilities	**F**	Iowa does not require the provision of menstrual products in incarceration facilities by state law.
Menstrual Products in Public Buildings	**F**	Iowa does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donation Laws	**F**	Iowa does not have a Good Samaritan Menstrual Product Donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Enact legislation that mandates the provision of menstrual products in Iowa state correctional facilities.
3. Require the provision of menstrual products in public schools.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Iowa SF2367, 2022

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