MENSTRUAL HEALTH REPORT CARD

Connecticut

Overall Grade	*State Ranking*
A-	#6

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**A**	Connecticut removed the state tax on menstrual products in 2016.[2]
Menstrual Products in Schools	**A**	Connecticut mandates menstrual products in public schools serving grades 3-12, and provided funding via the Diaper Bank of Connecticut to support implementation. Public colleges must also provide menstrual products at no cost.[3]
Menstrual Products in Incarceration Facilities	**B**	Menstrual products are only required to be provided in incarceration facilities upon request.[4]
Menstrual Products in Public Buildings	**C**	Menstrual products are required in state-funded shelters, but not all state-owned buildings.[3]
Good Samaritan Menstrual Product Donations	**F**	Connecticut does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Require state-owned public buildings to offer menstrual products at no cost in restrooms.
3. Establish unrestricted access to products in incarceration facilities so products are available without inmates needing to request them.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Connecticut SB502, 2016
3 Connecticut HB5272, 2022
4 Connecticut Gen. Stat. § 18-69e, 2018

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