MENSTRUAL HEALTH REPORT CARD

Colorado

Overall Grade	*State Ranking*
B	#9

Period poverty is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

SUBJECT	GRADE	CURRENT POLICY
Menstrual Product Taxation	**A**	Colorado removed the state tax on menstrual products in 2022.[2]
Menstrual Products in Schools	**A**	All public, charter, and facility schools serving grades 6-12 must provide menstrual products at no cost in bathrooms. Schools serving grades K-6 must provide products at no cost but may do so in nurse or administrative offices. Low-income and rural schools may qualify for a small grant program.[3]
Menstrual Products in Incarceration Facilities	**A**	All correctional facilites must provide an inmate with whichever menstrual product is requested at no cost and without imposing any condition or restriction on their access to menstrual products.[4]
Menstrual Products in Public Buildings	**F**	Colorado does not have a law requiring public buildings to provide menstrual products.
Good Samaritan Menstrual Product Donations	**F**	Colorado does not have a Good Samaritan menstrual product donation law.

Recommendations

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Pass legislation requiring menstrual products in state-owned public buildings.
3. Expand the Menstrual Hygiene Products Accessibility Grant Program to include additional schools.

References

1 Alliance for Period Supplies & U by Kotex, 2021
2 Colorado HB22-1055, 2022
3 Colorado HB 24-1164, 2024
4 Colorado HB19-1224, 2019

DAYS for GIRLS INTERNATIONAL

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