# MENSTRUAL HEALTH REPORT CARD

## *Alaska*

| *Overall Grade* | *State Ranking* |
|---|---|
| D+ | #33 |

**Period poverty** is the inability to afford or access menstrual health products, education, or sanitation facilities. In the U.S., 2 in 5 people have struggled to afford period products.[1] When unaddressed, period poverty can lead to missed school and work, increased risk of infections, and shame or isolation due to social stigma.

This report card details the current state of menstrual health policies in your state.

| SUBJECT | GRADE | CURRENT POLICY |
|---|---|---|
| *Menstrual Product Taxation* | **A** | Alaska does not have a state sales tax. |
| *Menstrual Products in Schools* | **F** | Alaska permits the distribution of menstrual products in schools, but does not require or fund it. |
| *Menstrual Products in Incarceration Facilities* | **D** | Menstrual products are provided upon entry, but are then acquired through commisary purchases, with restriction applied to indignent inmates. No state law protects this provision. [2] |
| *Menstrual Products in Public Buildings* | **F** | Alaska does not have a law requiring public buildings to provide menstrual products. |
| *Good Samaritan Menstrual Product Donations* | **F** | Alaska does not have a Good Samaritan Menstrual Product Donation law. |

## *Recommendations*

1. Implement a Good Samaritan law to protect menstrual product donations made in good faith from civil & criminal liability.
2. Codify the provision of menstrual products in incarceration facilities into law.
3. Enact legislation to require and fund the provision of menstrual products in schools.


*References*

1 Alliance for Period Supplies & U by Kotex, 2021
2 Alaska Department of Corrections Index 806.02


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